

January 31, 2024



PANHANDLE PARTNERSHIP

Rooted in Frontier Spirit, Committed to the Future

Panhandle Partnership
Website

Training Events
Calendar

This email includes curated content originally created by our friends at member and partner organizations, both locally and nationally. If you have an update, event, or news article you would like to see featured in an upcoming Tuesday Update, please email info@panhandlepartnership.com

Excellence in Early Childhood Conference

Come join Cari as she examines the impact of screen time on early child development to guide child care providers, early childhood educators, and pediatric therapists as we live and work in the digital age. In our media-maniac world, young children are spending more and more time in front of a screen and less time playing and interacting with others. For early childhood professionals, it's not just a matter of being "pro technology" or "anti-technology," but rather what is appropriate and necessary for young children with developing brains and bodies. Participants will gain powerful evidence-based information on how screen time is affecting the development of play, language, social, and motor skills. Guidelines on how to share information with parents regarding establishing healthy screen time habits at home will also be addressed.

Register Here

Member Updates

Snow-Redfern Foundation



Snow-Redfern Foundation



Scholarships Available for High School Seniors

Box Butte and Morrill County
Applications Open February 1-March 31


Application guidelines are available at Hemingford, Bridgeport & Alliance High School Counseling offices or at sara@snowredfern.org

BASIC REQUIREMENTS

- ✓ Reside in Morrill or Box Butte County for the Hempel Family Scholarship or Box Butte County for the KM Dahlstedt Scholarship
- ✓ Planning to attend college in Nebraska
- ✓ Have a recommendation letter

APPLY NOW

PO Box 639, Alliance NE, 69301 

308.762.6370 

www.snowredfern.org 

MENTOR Nebraska

Nominate a Champion of Mentoring!

MENTOR Nebraska is accepting nominations for the 2024 Excellence in Mentoring Awards! This year, there are four distinguished award categories:

Young Leader of the Year

Mentor of the Year

Mentoring Practitioner of the Year

Mentoring Advocate of the Year

If you know an individual, business, or school in Nebraska that is a champion of mentoring, submit a nomination by January 31. Award recipients will be honored during a virtual ceremony on Wednesday, April 17. Learn more here: www.mentornebraska.org/eim-awards



Region 1



2024 ETHICS TRAINING DR. KATE SPECK



This is a 4-hour training will be held virtually and is intended to provide behavioral health professionals with an overview of ethical concepts to be applied in the practice of counseling. The values and ethics of the human service profession must govern every aspect of practice, each decision, and every action taken as a professional. This workshop will address the impact of clinical practice for Human Service Professionals serving in the addiction, gambling, mental health, case management, social work, vocational rehabilitation, and justice fields.

29TH

FEBRUARY 2024

8:30-12:30 AND 1:15-5:15

**TRAINING SESSIONS WILL BE CAPPED
AT 25 PARTICPANTS SO RSVP TODAY!!!**

TRAINER: DR. KATE SPECK

Dr. Speck has been in the field of addiction for over 40 years and has a Masters in Addiction Counseling. Kate holds a PhD in Community & Human Resources from the University of Nebraska, a MAC in Addiction Counseling, and a specialty in Adult & Continuing Education. She regularly instructs courses in Motivational Interviewing, Ethics, Suicide Prevention, and disaster behavioral health.

To RSVP, please email Irene Guererro at iguerrero@region1bhs.net

Once you are registered for the training you will receive a link to attend the training. The training materials will be provided once you have joined the zoom link on the day of the training.

JANUARY, FEBRUARY, MARCH



308.635.3173
4110 Avenue D
Scottsbluff, NE. 69361

REGION 1 BEHAVIORAL HEALTH AUTHORITY **NEWSLETTER**



UPCOMING TRAINING

Region 1 will be holding a Ethics Training on February 29, 2024., with Kate Speck. See flyer.



MENTAL HEALTH ALLIANCE JOB OPENINGS

2 – Staff Positions

Office Coordinator (Alliance Location)
Psychiatric Nurse Practitioner (Multiple Locations)
Looking for employment please contact, Ashley Mack at karellbilling@gmail.com

[Download Region 1 Newsletter](#)

DOVES

Join Our Board of Directors and Make a Difference

✿ Lived Experience Wanted ✿

The DOVES Program is looking for passionate individuals with lived experience in homelessness to join our Board of Directors. We're on the hunt for dedicated people from Dawes, Sheridan, Box Butte, Kimball, Banner, and Morrill Counties.

Why Serve on Our Board?

- ✓ Make a direct impact in your community
- ✓ Advocate for change and empowerment
- ✓ Use your valuable insights to shape our mission
- ✓ Collaborate with a diverse and supportive team

If you've experienced homelessness and want to make a lasting difference, we encourage you to apply. Join us in our mission to support survivors and create a safer, more inclusive community.

Apply today and help us drive positive change.

Your experience matters!

DOVESProgram.com

TEAM

Sexual, Domestic & Dating Violence Services & Prevention
24-hour Helpline: 866-95-DOVES | 24-hour Text Line: 515-599-6620



HAVE YOU LOST
SOMEONE TO SUICIDE?

COPING AFTER SUICIDE

Suicide Loss Support Groups



Facilitators

Support group facilitators have lost someone to suicide, too, so they know the pain, questions, and complexity of losing a loved one to suicide. They are there to support others along the journey.

Support

New members are warmly welcomed. Even when everyone in the group shares certain things in common, there will always be a diversity of individual experiences. Often the most profound support ends up coming from the most unexpected source.

Topics

The facilitator has a structure and topics in mind for each meeting and sometimes you may be encouraged, but not required, to journal or complete other exercises in between meetings, but it's not like taking a course, there isn't a "curriculum" per se.

Confidentiality

In order for the group to feel emotionally safe, everyone needs to trust that what they share will be kept confidential and that everyone will be respectful of one another's privacy.

SCOTTSBLUFF - IN-PERSON

This in-person group meets on the fourth Thursday of the month from 6:00-7:15 pm and is held at the PPHD office located at 18 West 16th Street. For more information, contact Susan at sywhit63@gmail.com

VIRTUAL - PANHANDLE WIDE

This virtual group meets via Zoom the first and third Tuesdays of each month at 5:30 pm. For more information, reach out to Liz at lmacdonald@pphd.ne.gov or 308-633-2866 Ext. 204

You are not alone.

GET SUPPORT

Join a group near you.



To register, go to:
<https://tinyurl.com/53j6hf7d>

Or scan the QR code



 <https://tinyurl.com/53j6hf7d>



Panhandle
Suicide Loss
Support Groups



Lifespan Respite



Best
DAY
ever!



RESPITE FUN DAY EVENTS 2023-2024

FAMILY SWIMMING

Saturday Sept. 16, 2023
1:00 p.m. - 3:00 p.m.
Chadron Aquatic Center
540 E 10th St., Chadron

CHRISTMAS CRAFTS

Saturday Dec. 2, 2023
1:00 - 3:30 p.m.
Trails West YMCA Camp
1918 S Beltline Hwy, Scottsbluff

FAMILY MOVIE DAY

Saturday, April 6, 2024
1:00 p.m. - 3:00 p.m.
Eagle Theater
244 Main St., Chadron

SUMMER EVENT

We are still planning our
summer event for 2024. Stay
tuned for more information.

At least one person attending must be diagnosed with a special need. Come have some fun, meet some new friends and learn more about respite. Registration is required for each event. If you are coming from out of town and need transportation, contact us and we will coordinate with Open Plains Transit.

Sponsored by:



Healthy Blue



[Manage](#) your preferences | [Opt Out](#) using TrueRemove™
Got this as a forward? [Sign up](#) to receive our future emails.
View this email [online](#).

1517 Broadway Suite 106 None | Scottsbluff, NE 69361 US

This email was sent to .
To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.