

February 28, 2024



PANHANDLE PARTNERSHIP

Rooted in Frontier Spirit, Committed to the Future

Panhandle Partnership
Website

Training Events
Calendar

This email includes curated content originally created by our friends at member and partner organizations, both locally and nationally. If you have an update, event, or news article you would like to see featured in an upcoming Tuesday Update, please email info@panhandlepartnership.com



A&K Consulting

First Responders and Veterans are often reluctant to seek help from mental health professionals. This is due to concerns that therapists, counselors, and social workers may not fully grasp First Responder and Veteran culture. A & K Consulting, boasting more than 30 years of collective experience in both law enforcement and mental health counseling, acknowledges this critical component is missing, so we have developed a comprehensive 4-hour training session tailored for all mental health professionals. The primary goal of this training is to enhance their comprehension of the First Responder and Veteran culture, providing them with the essential tools to offer effective support to the First Responder and Veteran Community.

Topics:

- Address the stigma surrounding Mental Health within the First Responder & Veteran community
- Understand why First Responders & Veterans do not want to seek assistance
- Understand what a toxic work environment is
- The common causes of burnout among First Responders & Veterans
- Identify, recognize, and assess occupational hazards
- Effective strategies in counseling First Responders & Veterans

Who should Attend?

- Counselors/Therapists
- Chaplains
- Social Workers
- Individuals with a passion to assist First Responders & Veterans

Location: Region 1, 4110 Ave. D, Scottsbluff, NE 69361

Date & Time: April 24, 2024. Two sessions 8:00 - 12:00 p.m. & 1:00 - 5:00 p.m.

Registration: Upon completion of the seminar, attendees will receive a certification of completion as acknowledgment of their participation.

[Register Here](#)

2024 WESTERN NEBRASKA SCHOOL MENTAL HEALTH CONFERENCE

Save the Date!

Our Western Nebraska School Mental Health Conference will be August 13, 2024 in Alliance. We are also seeking breakout presenters (linked below)

The focus of this year's conference is "Tools for the Trade." We are seeking breakout speakers to present at our 2024 conference. The deadline is April 1, 2024 for proposal submissions. Conference date is August 13, 2024 in Alliance, Nebraska. Please contact Terri at mentalhealthconference@esu13.org with any questions.



Call for Proposals for Conference Breakouts

KEYNOTE: JUDITH NORMAN, MA,
MS, LSC, LPC, RPT-S

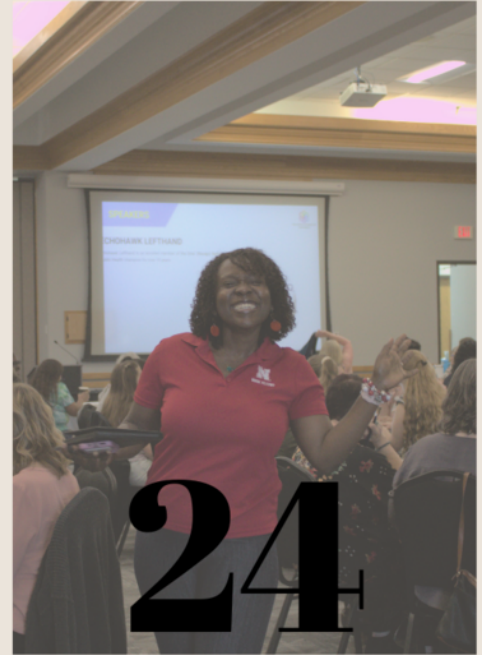
Judith is an educator, trainer, consultant, and clinical supervisor. She is a co-founder and the lead trainer at the Synergetic Education® Institute. She is licensed as both a School and Professional Counselor and has worked at the intersection of education and mental health for over 25 years. Judith trains clinical and school-based mental health professionals and speaks and consults internationally on creating trauma-informed schools. As a District-Wide Social Emotional Learning Coach, Judith led her school district in implementing a "Thriving Schools Grant" aimed at advancing social-emotional wellness and behavioral health in school districts.

Judith created the Developmental Mindsets Paradigm,™ a model for working with educators from a developmental perspective. She created and teaches frameworks such as Learning Tools™ and Braindrops,™ tools for developing interoceptive awareness and self-regulation. She's created programming that supports the implementation of regulatory-focused, social-emotional, trauma-informed practices for students and educators in schools worldwide.

Judith is a Registered Play Therapist Supervisor and is a Certified Synergetic Play Therapy® Supervisor and Teacher. She is a Parent Educator, Certified in EMDR Therapy, and is trained in Mindfulness in Education.

Contact mentalhealthconference@esu13.org for additional information

Save the Date!



Welcoming Communities Conference

Gering Civic Center
Gering, NE 69341



Member Updates

Nebraska Panhandle Research Extension & Education Center



Join our Early Childhood team!

POSITION TITLE: Extension Instructor/Educator
POSITION LOCATION: Chadron, Nebraska

POSITION DESCRIPTION & RESPONSIBILITIES

- Full-time faculty position located in Chadron, NE. The focus of this position will be Early Childhood, focusing on early childhood development for families with children aged 0-8 years.
- Required: Bachelor's degree in child development, human development, early childhood education, or a closely related field (extension instructor) OR Master's degree in child development, human development, early childhood education, or a closely related field (extension educator).
- Required: Successful experience teaching in formal or non-formal education settings (i.e., preschool, K-12)
- Preferred: Knowledge and our experience working with early childhood professionals and/or caregivers (e.g., providers and teachers).

For a complete outline of job expectations and responsibilities, employment qualifications and requirements, salary and benefits, and application process and timeline, visit:

go.unl.edu/ext

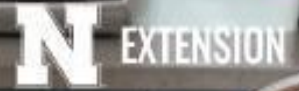


Join us.

What you can expect when you join Nebraska Extension:

- **Use your talent for real impact**
Apply your passions and abilities to make a positive difference in the lives of the Nebraskans you serve.
- **Your expertise is respected**
Become part of a statewide organization that Nebraskans appreciate, value and trust.
- **Self-starters thrive here**
Chart your own path while also being accountable for documenting the measurable impact you make with your plan of work.
- **An environment of growth**
Join a network of professionals who challenge you, collaborate with you and help you get even better every day.

You can help build healthy families.



Help others create healthier lifestyles for a higher quality of life!

POSITION TITLE: Extension Instructor/Educator
POSITION LOCATION: Bridgeport, Nebraska

POSITION DESCRIPTION & RESPONSIBILITIES

- Teach and coordinate food, nutrition, and health programs regionally for 1) individual behavior patterns and environments that reduce obesity and chronic disease and improve human well-being and 2) a safe and diverse food supply with choices/access for people focused on health.
- Required: Successful experience teaching in a formal or non-formal setting.
- Preferred: Registered Dietitian (RD), Registered Dietitian Nutritionist (RDN), or Community Health Education Specialist.
- Review of applications will begin March 11, 2024.

For a complete outline of job expectations and responsibilities, employment qualifications and requirements, salary and benefits, and application process and timeline, visit:

go.unl.edu/ext

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Join us.



An EO/AA employer: Qualified applicants are considered for employment without regard to race, color, ethnicity, national origin, sex, pregnancy, sexual orientation, gender identity, religion, disability, age, genetic information, veteran status, marital status and/or political affiliation. See <http://www.unl.edu/equity/notice-nondiscrimination>.

Nebraska Commission for the Deaf and Hard of Hearing

NCDHH is looking for qualified applicants for a Behavioral Health Coordinator. Behavioral health is often used to describe the connection between our behaviors and the health and well-being of the body, mind, and spirit. This includes behaviors such as depression, anxiety, physical disorders, as well as health conditions, and alcohol and substance abuse.

The Behavioral Health Coordinator will provide support tailored to the unique needs of Nebraskans who are deaf, deafblind, and hard of hearing. The position is open in Lincoln or Omaha, with state-wide travel required. A full job description and instructions on how to apply can be found [here](#).

Legal Aid of Nebraska

For Rent: A very modest unit intended for commercial use that is located at 104 E 15th Street in Scottsbluff, Nebraska. The dimensions are 48 ft x 11.5 ft with a total square footage of 552 ft. It has a small half bathroom which includes a toilet and sink. This unit is very affordable and electricity, sewer, trash, and water are included. The tenant will be responsible for the natural gas. Anyone who is interested should contact Brook at 308-632-4734.

[Click here to view pictures](#)

Snow-Redfern Foundation



Snow-Redfern Foundation



Scholarships Available for High School Seniors

Box Butte and Morrill County
Applications Open February 1-March 31

Application guidelines are available at Hemingford, Bridgeport & Alliance High School Counseling offices or at sara@snowredfern.org


BASIC REQUIREMENTS

- ✓ Reside in Morrill or Box Butte County for the Hempel Family Scholarship or Box Butte County for the KM Dahlstedt Scholarship
- ✓ Planning to attend college in Nebraska
- ✓ Have a recommendation letter



APPLY NOW

PO Box 639, Alliance NE, 69301 

308.762.6370 

www.snowredfern.org 

Region 1



2024 ETHICS TRAINING DR. KATE SPECK



This is a 4-hour training will be held virtually and is intended to provide behavioral health professionals with an overview of ethical concepts to be applied in the practice of counseling. The values and ethics of the human service profession must govern every aspect of practice, each decision, and every action taken as a professional. This workshop will address the impact of clinical practice for Human Service Professionals serving in the addiction, gambling, mental health, case management, social work, vocational rehabilitation, and justice fields.

29TH

FEBRUARY 2024

8:30-12:30 AND 1:15-5:15

**TRAINING SESSIONS WILL BE CAPPED
AT 25 PARTICPANTS SO RSVP TODAY!!!**

TRAINER: DR. KATE SPECK

Dr. Speck has been in the field of addiction for over 40 years and has a Masters in Addiction Counseling. Kate holds a PhD in Community & Human Resources from the University of Nebraska, a MAC in Addiction Counseling, and a specialty in Adult & Continuing Education. She regularly instructs courses in Motivational Interviewing, Ethics, Suicide Prevention, and disaster behavioral health.

To RSVP, please email Irene Guererro at iguerrero@region1bhs.net

Once you are registered for the training you will receive a link to attend the training. The training materials will be provided once you have joined the zoom link on the day of the training.

DOVES

Join Our Board of Directors and Make a Difference

✿ Lived Experience Wanted ✿

The DOVES Program is looking for passionate individuals with lived experience in homelessness to join our Board of Directors. We're on the hunt for dedicated people from Dawes, Sheridan, Box Butte, Kimball, Banner, and Morrill Counties.

Why Serve on Our Board?

- ✓ Make a direct impact in your community
- ✓ Advocate for change and empowerment
- ✓ Use your valuable insights to shape our mission
- ✓ Collaborate with a diverse and supportive team

If you've experienced homelessness and want to make a lasting difference, we encourage you to apply. Join us in our mission to support survivors and create a safer, more inclusive community.

Apply today and help us drive positive change.

Your experience matters!

DOVESProgram.com

TEAM

Sexual, Domestic & Dating Violence Services & Prevention
24-hour Helpline: 866-95-DOVES | 24-hour Text Line: 515-599-6620



HAVE YOU LOST
SOMEONE TO SUICIDE?

COPING AFTER SUICIDE

Suicide Loss Support Groups



Facilitators

Support group facilitators have lost someone to suicide, too, so they know the pain, questions, and complexity of losing a loved one to suicide. They are there to support others along the journey.

Support

New members are warmly welcomed. Even when everyone in the group shares certain things in common, there will always be a diversity of individual experiences. Often the most profound support ends up coming from the most unexpected source.

Topics

The facilitator has a structure and topics in mind for each meeting and sometimes you may be encouraged, but not required, to journal or complete other exercises in between meetings, but it's not like taking a course, there isn't a "curriculum" per se.

Confidentiality

In order for the group to feel emotionally safe, everyone needs to trust that what they share will be kept confidential and that everyone will be respectful of one another's privacy.

SCOTTSBLUFF - IN-PERSON

This in-person group meets on the fourth Thursday of the month from 6:00-7:15 pm and is held at the PPHD office located at 18 West 16th Street. For more information, contact Susan at sywhit63@gmail.com

VIRTUAL - PANHANDLE WIDE

This virtual group meets via Zoom the first and third Tuesdays of each month at 5:30 pm. For more information, reach out to Liz at lmacdonald@pphd.ne.gov or 308-633-2866 Ext. 204

You are not alone.

GET SUPPORT

Join a group near you.



To register, go to:
<https://tinyurl.com/53j6hf7d>

Or scan the QR code



 <https://tinyurl.com/53j6hf7d>



Panhandle
Suicide Loss
Support Groups



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Lifespan Respite



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DAY
ever!



RESPITE FUN DAY EVENTS 2023-2024

FAMILY SWIMMING

Saturday Sept. 16, 2023
1:00 p.m. - 3:00 p.m.
Chadron Aquatic Center
540 E 10th St., Chadron

CHRISTMAS CRAFTS

Saturday Dec. 2, 2023
1:00 - 3:30 p.m.
Trails West YMCA Camp
1918 S Beltline Hwy, Scottsbluff

FAMILY MOVIE DAY

Saturday, April 6, 2024
1:00 p.m. - 3:00 p.m.
Eagle Theater
244 Main St., Chadron

SUMMER EVENT

We are still planning our
summer event for 2024. Stay
tuned for more information.

At least one person attending must be diagnosed with a special need. Come have some fun, meet some new friends and learn more about respite. Registration is required for each event. If you are coming from out of town and need transportation, contact us and we will coordinate with Open Plains Transit.

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Healthy Blue



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