

September 19, 2023



# PANHANDLE PARTNERSHIP

Rooted in Frontier Spirit, Committed to the Future

*This email includes curated content originally created by our friends at member and partner organizations, both locally and nationally. If you have an update, event, or news article you would like to see featured in an upcoming Tuesday Update, please email [info@panhandlepartnership.com](mailto:info@panhandlepartnership.com)*

[Visit Our Website](#)

[Training Academy  
Calendar](#)

## Panhandle Partnership Membership Meeting

We invite you to join us for our October 6th Membership Meeting.

This is a great opportunity to connect with local organizations, learn about what's going on at the Partnership, and learn what opportunities are available in our community.

We look forward to seeing you!

Cost per person: Free  
Time: 9:00 a.m. - 1:00 p.m.  
Location: Gering Civic Center



[Register Here](#)

## Upcoming Training/Events

### Panhandle Public Health District

#### Fall Safety and Wellness Conference

Date: September 21, 2023  
Location: Gering Civic Center

Registration: 8:30 am  
 Conference: 9 am - 3:30 pm  
 Registration for the  
 conference is [here](#).

REGISTER NOW  
**FALL SAFETY  
 & WELLNESS  
 CONFERENCE**  
 Gering Civic Center

KEYNOTE:  
**CARA FILLER**



Cara Filler is DRIVEN to Inspire. She is a compelling author, entrepreneur, and traffic safety specialist who has shared her moving presentation with more than 2,000,000 people in 5 countries. Drawing from an immense personal tragedy in her own life, Cara's inspiring presentation focuses on dealing with peer pressure, traffic safety, and making everyday choices count. Why? Because it could just save a life!

**SEPTEMBER 21, 2023**

Learn more by visiting:  
<http://www.pphd.ne.gov/pwwc.html>

CONFERENCE DETAILS

- DRIVEN to Inspire
- Creating a Psychologically Safe Workplace
- How to Offer an Exciting Employee Well-Being & Strategic Planning Day
- Active Shooter Awareness
- Panhandle Humane Society dog walking



A 2022  
**ATTENDEE SAID...**  
 "All topics were very relevant, interesting, and applicable to all. Awesome variety of speakers and side activities - coloring, wellness check challenge, dogs, and blender bikes are all awesome."

**Western Nebraska Early Childhood  
 Conference**

Date: Saturday, October 14, 2023  
 Time: 8:30 a.m.-3:30 p.m.  
 Location: Gering Civic Center  
 Keynote Speaker: Kristen RB Petersen  
 Morning Session: "Always Trust Your Cape" & "Yes, Yes, Yes!"  
 Afternoon Session: "Messy Play"  
 Cost: \$45.00



Kristen RB Peterson is the retired founder of a magical place called Butterfly Hill Nature Preschool. In her quest to create a place full of play, learning, nature, emotions, and yes moments, Kristen discovered that play based learning is a MUST for all early childhood environments and is an advocate for play in early childhood. She is not just a teacher and life long learner... She has four children, loves donuts, reading everything and traveling to new places. Now a podcaster, keynote speaker, and online entrepreneur, Kristen uses her experience and B.A in Education with an emphasis in ECE to help early childhood educators find play, settle in, and enjoy the journey through training and digital courses.

**ESU-13**

Date: October 13 & 14, 2023  
 Location: Gering Civic Center

[Register Here](#)

Friday, October 13 Training (Free!)

Title	Time	PD Hours	Location
Option A: Early Learning Guideline: Math	9:00-3:00	6	HARMS Center Room 188
Option B: ELG: Approaches to Learning	9:00-3:00	6	HARMS Center Room 189
Option C: Trauma-Sensitive Approach in Early Care and Education	9:00-3:00	6	ESU 13-Conference Rm B/C
Option D: Safe With You	8:00-12:00	4	ESU 13-Conference Rm D
Option E: Taking the Lead (for Directors)	9:00-12:00	3	ESU 13-Conference Rm E
Option F: Eat the Rainbow	1:00-4:00	3	ESU 13-conference Rm D
Option G: Understanding Lead	1:00-3:00	2	ESU 13-Conference Rm E
Option H: Safe With You & Eat the Rainbow & D	8:00-12:00 & 1:00-4:00	7	ESU 13-Conference Rm D
Option I: Safe With You & Understanding Lead	8:00-12:00 & 1:00-3:00	6	ESU 13-Rms D & E
Option J: Taking the Lead & Eat the Rainbow	9:00-12:00 & 1:00-4:00	6	ESU 13-Rms E & D
Option K: Taking the Lead (Directors) & Understanding Lead	9:00-12:00 & 1:00-3:00	5	ESU 13-Rms E & E

**2023 Fall Western Nebraska  
 School Mental Health  
 Conference**

Date: October 17, 2023  
 Location: Chadron State College  
 Student Center

[Register Here](#)

FALL 2023 WESTERN NEBRASKA  
 SCHOOL MENTAL HEALTH CONFERENCE

Over 2,000 research studies have shown that hope is the #1 predictor of future well-being outcomes. Simply stated, high hope individuals are more likely to be healthier, happier in their jobs, and more fulfilled in life than their lower hope peers. Hope is easily defined, easily measured, and easily taught and practiced. In school settings, hope is a predictor of attendance, school engagement, achievement, and staff productivity. We will learn how to define hope and apply hope science to our own lives and to those around us.



KEYNOTE: LIZ BARTELS

Liz Bartels is a Training Specialist at Project Harmony. In her role as Training Specialist, Liz trains professionals and community members about child abuse laws, trauma, methods to engage youth and families, and prevention strategies. Prior to working at Project Harmony, Liz spent 8.5 years at a local foster care agency providing in home support, crisis management, training foster parents, licensing foster homes, and walking with youth and families through the foster care system. Liz is passionate about empowering those who work with and care about kids by providing trainings that are engaging and relevant.

- Breakout Sessions Include:**
- From Depression to Hope and Healing (a lived experience)
  - LBSS2 and Upcoming Nebraska Mental Health Legislation
  - Online Safety
  - Restoring Hope and Inspiring Possibilities
  - Talk Saves Lives (Suicide Prevention)
  - Compassion Resilience (Staff Support)

**REGISTRATION:**  
 PANHANDLEPARTNERSHIP.COM/EVENTS/CATEGORY/TRAINING/  
**OCTOBER 17, 2023**  
 CHADRON STATE COLLEGE STUDENT CENTER  
 1000 MAIN STREET, CHADRON, NE 69337S

[Register Here](#)  
 Contact [mentalhealthconference@esu13.org](mailto:mentalhealthconference@esu13.org) for additional information


**BULLETPROOF MIND**  
 PRESENTED BY Lt. Col. Dave Grossman

Best-selling Author & Presenter  
**Lt. Col. Dave Grossman**

OCT. 31st 9am - 4:30pm  
 At: WNCC Harms Center  
**\$25 -Lunch Included**

to register:  
 Call: (308) 633-3818

QR  
 Follow the QR Code:







**EVENT DETAILS**

SCOTTSBLUFF, NE  
 October 31, 2023 9 am to 4:30 pm (Lunch Included)  
 At the WNCC Harms Center, Room: The Plex

Presentation Includes:  
**BULLETPROOF MIND (plus)**  
 > Highlights from the book  
 "Assassination Generation"  
 > Global Epidemic of Sleep Deprivation  
 > PTSD Psychiatric Grand Rounds Highlights


Proudly Sponsored By:

Cirrus House, Inc. & Region 1 Behavioral Health Authority  
 with help from B.A. SURVIVAL, and grant funds from BHECN

Lt. Col. Dave Grossman

Continuing Education  
 see back for details.



## BULLETPROOF MIND

Date: October 31, 2023

Location: WNCC Harms Center

[Register Here](#)

# Member Updates

## Region 1 Behavioral Health Authority



#### Crisis Stabilization Bidder's Conference Notice

Region 1 Behavioral Health Authority will be hosting a Bidder's Conference on September 28, 2023, at 1:00 p.m., located at the Region 1 Behavioral Health Authority office at 4110 Ave D Scottsbluff, NE 69361. This conference is being held in advance of the issuance of a Request for Proposals (RFP) seeking qualified, interested providers to develop and operate a Crisis Stabilization Unit. The program, Crisis Stabilization, that Region 1 plans to develop through this RFP process, would provide supportive services to individuals who are seeking behavioral health crisis services. The proposed program is intended to divert consumers in a crisis from unnecessary hospitalization and incarceration, while providing an opportunity to receive services in a safe, trauma-informed, and least restrictive setting, with the goals for the consumer to be able to stabilize, connect to resources, and safely return to the community. In addition to the service of Crisis Stabilization, it is the intent of Region 1 for additional services to be added such as Mental Health Respite, Crisis Response, and Medically Monitored/Social Detox.

Please note that attendance at the Bidder's Conference is mandatory for all providers if they plan to submit an RFP proposal, as well as to be considered in the RFP selection process. The RFP guidelines and all supporting documentation will be provided via email to all participants following completion of the Bidder's Conference.

For any questions, contact Lisa Simmons, Region 1 Behavioral Health Authority Director of Network Services at [lsimmons@region1bhs.net](mailto:lsimmons@region1bhs.net) or by calling the Region 1 office at 308-635-3171.

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## CAPWN

The Community Action Health Center/Community Action Partnership of Western Nebraska is gathering input from stakeholders and residents in the communities we serve. The purpose of this survey is to get your opinions about the community needs in the Panhandle. Survey results and other information will be used to identify the most pressing opportunities that can be addressed through strategic planning.

Please take a few minutes to complete this important survey by Monday, September 11, 2023. We also encourage you to share the survey link with others in your organization and community.

# Immigrant Legal Center

**NATURALIZATION CLINIC FOR SCOTTSBLUFF COMMUNITY**  
THIS IS YOUR OPPORTUNITY TO OBTAIN YOUR U.S. CITIZENSHIP!

**REQUIREMENTS:**

- Be at least 18 years of age.
- Have been a green card holder for the past 5 years (or 3 years if married to a U.S. Citizen with whom you have been residing with for the past 3 years).
- Have had continuous residence and physical presence in the U.S.
- Naturalization eligibility will be determined during appointment.
- Ability to read, write, and speak basic English unless you are eligible for exemptions.
- Application fee is \$725, applicants may be eligible for a fee waiver.
- There is no fee to receive services from ILC.

**TO REGISTER CALL VALERIA AT: (402) 916-5140**

REGISTRATION DEADLINE: SEPTEMBER 22, 2023




**CLÍNICA DE CIUDADANÍA PARA LA COMUNIDAD DE SCOTTSBLUFF**  
¡ESTA ES SU OPORTUNIDAD PARA APLICAR POR SU CIUDADANO DE LOS EE.UU.!

**REQUISITOS:**

- Tener al menos 18 años de edad.
- Haber sido residente permanente legal durante los últimos 5 años (o 3 años si están casados con un ciudadano estadounidense con quien ha residido durante los últimos 3 años).
- Haber tenido residencia continua y presencia física en los EE. UU.
- Habilidad de leer, escribir y hablar inglés básico, a menos que pueda recibir una exención.
- Elegibilidad para la naturalización se determinará durante la cita.
- El costo de la solicitud es de \$725, los solicitantes pueden ser elegibles para una excepción de costo.
- No hay tarifa para recibir servicios de ILC.

**PARA REGISTRARSE LLAME VALERIA AL: (402) 916-5140**

FECHA LIMITE PARA REGISTRARSE: 22 DE SEPTIEMBRE DE 2023




## Empowering Families






**“25 Years of Building Resilience and Reaching Dreams”**



### Notorious Cree

James Jones is of the Nehiyaw (Cree) Nation will be this year’s keynote speaker. The Tall Cree First Nation is located in Northern Alberta, Canada. James is known as Notorious Cree across Instagram and TikTok, where James has an engaging community of over 5 million+ people globally. James uses his voice to educate and spread awareness on the issues impacting Indigenous communities across the globe. As a traditional hoop and powwow dancer, performance artist, youth workshop facilitator and public speaker, James advocates to inspire future generations by reclaiming his culture and encouraging others to do the same.

 @notoriouscree 

**September 27, 2023**  
**MYLC Community Event**  
**Gering Civic Center**  
**Event opens 5 PM/Dinner starts at 5:30 PM**  
**A free event, dinner included,**  
**& families welcome!**

An event celebrating the beauty of the diversity in our community through food, art, and cultural performances.

**Register Today!**

Registration Link & QR -  
<https://bit.ly/mylc2023communityevent>



**Sponsored By:**









# WE ARE HIRING

## EMPOWER ADVOCATE *make a difference*

The DOVES Program is seeking **passionate individuals like you** to fill crucial positions and be part of a mission that truly matters.

Don't miss this opportunity to make a **real difference** in the lives of others while growing professionally.

**Apply today and be a part of our team!**

For more information and to apply: [DOVESProgram.com](http://DOVESProgram.com).

Sexual, Domestic & Dating Violence  
Services & Prevention  
24-hour Helpline: 866-95-DOVES  
24-hour Text Line: 515-599-6620

## Positions Available

### Gering:

 TWO Client Advocates  
(Bilingual Preferred)

### Sidney:

 Client Advocate &  
Community Educator  
(Bilingual Preferred)

### Alliance:

 Housing Advocate  
(Bilingual Preferred)

The  
**DOVES**   
Program

# ● Question. Persuade. Refer.

QPR, like CPR, can be a lifesaver. QPR training helps participants recognize the warning signs and risk factors for suicide. QPR empowers people of all ages, stages, and backgrounds with the tools and skills to make a positive difference in the life of someone they know. It is an innovative, practical and proven suicide prevention training.



● In QPR training you'll learn the latest suicide statistics, risk factors, protective factors, clues that someone may be considering suicide, and how to have the hard conversation that can lead to saving lives.

**Request a training using the QR code or join a monthly webinars on the second Tuesdays at noon. Upcoming dates:**

- October 10 at noon MT**
- November 14 at noon MT**
- December 13 at noon MT**

**Register  
Here:**



## Contact Information



308.220.8020



cfarris@pphd.ne.gov



[http://pphd.org/Pages/suicide\\_prevention.html](http://pphd.org/Pages/suicide_prevention.html)

Help prevent suicide. Inspire hope.



**Panhandle**  
Public Health District



## YOUTH MENTAL HEALTH FIRST AID

### LEARN HOW TO SUPPORT THE YOUNG PEOPLE IN YOUR LIFE

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

### AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a young person in crisis.
- Know how to connect a young person with help.
- Better understand trauma, substance use, self-care and the impact of social media and bullying.

Join the more than

**2.6** MILLION

*First Aiders who  
have chosen to be  
the difference in  
their community.*

### REGISTER TODAY!

#### Delivery Format:

2 hours of online pre-work then virtual instruction

#### Date and Time:

September 25th or October 24th from 9 - 1 pm

#### Location:

Virtual

#### Where to Register:

<https://tinyurl.com/2hka2yvd>

Learn how to respond with the Mental Health First Aid Action Plan (**ALGEE**):

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- G**ive reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.

For more information, visit [MHFA.org](https://MHFA.org)

## Nebraska Stroke Association (NSA)

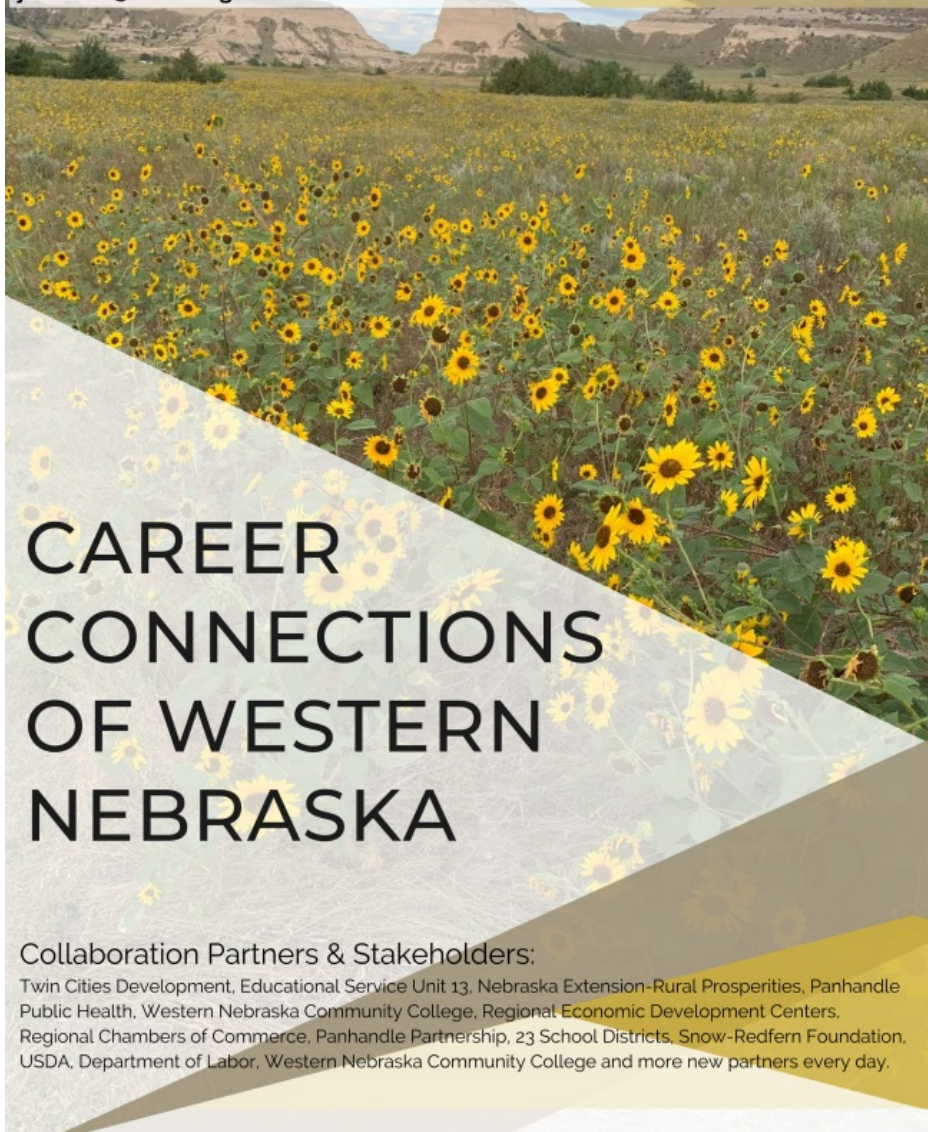
The NSA's vision "is to be a statewide resource to reduce the impact of stroke and enhance the quality of life of those affected by stroke." Their mission "is to serve Nebraskans through stroke prevention, education, advocacy, and support services." You can learn more here: <https://www.nebraskastroke.org>

Recently the NSA has received donations to offer small grants/scholarships to the survivors of stroke. The small grant/scholarship could be put towards things like gas, groceries, travel expenses, durable medical equipment, etc. Those who fill out the form will be considered for receipt of the grant by filling out this form: [https://docs.google.com/forms/d/1Zd3-fhwAjhAMOCzskZ-tjf9aDSmFq4\\_ZDnDt4J0\\_vy4/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1Zd3-fhwAjhAMOCzskZ-tjf9aDSmFq4_ZDnDt4J0_vy4/viewform?edit_requested=true)

## Career Connections of Western Nebraska



Learn more through the Collaborative's Partnership Lead- Twin Cities Development:  
[jdiedrich@tcdne.org](mailto:jdiedrich@tcdne.org)



# CAREER CONNECTIONS OF WESTERN NEBRASKA

## Collaboration Partners & Stakeholders:

Twin Cities Development, Educational Service Unit 13, Nebraska Extension-Rural Prosperities, Panhandle Public Health, Western Nebraska Community College, Regional Economic Development Centers, Regional Chambers of Commerce, Panhandle Partnership, 23 School Districts, Snow-Redfern Foundation, USDA, Department of Labor, Western Nebraska Community College and more new partners every day.

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Nebraska Department of  
Health and Human Services

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

## CHILD AND FAMILY SERVICES SPECIALIST



### EXAMPLES OF WORK

- Advocate for each child's safety and well-being
- Respect the individuality of families
- Implement evidence-based practices in case management
- Coordinate efforts of resources to ensure needs of families are met
- Design clear and concise reports

### REQUIREMENTS

- Bachelor's degree in social work, human development, or related area
- Driver's license

### PREFERRED

- Experience in child welfare, juvenile justice, and/or case management



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Western Nebraska Farm to School Gatherings



# WESTERN NEBRASKA FARM TO SCHOOL GATHERINGS

OCTOBER 18 & 19, 2023



WEDNESDAY | OCTOBER 18, 2023

KNIGHTS MUSEUM AND SANDHILLS CENTER | ALLIANCE, NE

9:30am to 1:30pm

### BEEF TO SCHOOLS CONVERSATION

All beef to schools stakeholders are invited to join and learn about opportunities from a local and national lens. 4 CEUs available for Child Nutrition Program staff



FREE LUNCH INCLUDED - REGISTRATION REQUIRED

2:00pm to 4:30pm

### WESTERN NEBRASKA FARM TO SCHOOL LISTENING SESSION

Gather with western Nebraskans to share about farm to school activity happening in your communities. Also share your vision for the future as we design a Nebraska Farm to School Network. 2.5 CEUs available for Child Nutrition Program staff

THURSDAY | OCTOBER 19, 2023

SCOTTSBLUFF HIGH SCHOOL | SCOTTSBLUFF, NE

### BRINGING THE FARM TO SCHOOL - PRODUCER TRAINING

9:30am to 3:45pm

Intended for food producers interested in learning about selling to school markets. Participants may request a stipend to assist with covering travel costs. **Learn more:** [education.ne.gov/ns/farm-to-school](http://education.ne.gov/ns/farm-to-school)

REGISTRATION REQUIRED

### LOCAL PROCUREMENT TRAINING FOR SCHOOL NUTRITION STAFF

2:00pm to 3:45pm

Intended for school food buyers who want to increase purchases of local Nebraska food products in their Child Nutrition Programs. 1.75 CEUs available

### MARKET MEETUP & NETWORKING EVENT WITH TASTE TEST EVENT

4:00pm to 6:00pm

Facilitated and informal networking for producers and school buyers to connect. Taste test event included. *Registration required.*



Register today: [education.ne.gov/ns/farm-to-school/](http://education.ne.gov/ns/farm-to-school/)  
Questions? Contact [sarah.e.smith@nebraska.gov](mailto:sarah.e.smith@nebraska.gov)



## Lifespan Respite



Best DAY ever!



# RESPIRE FUN DAY EVENTS 2023-2024

## FAMILY SWIMMING

Saturday Sept. 16, 2023  
1:00 p.m. - 3:00 p.m.  
Chadron Aquatic Center  
540 E 10th St., Chadron

## CHRISTMAS CRAFTS

Saturday Dec. 2, 2023  
1:00 - 3:30 p.m.  
Healthy Blue Welcome Room  
2621 5th Ave., Scottsbluff

## FAMILY MOVIE DAY

Saturday, April 6, 2024  
1:00 p.m. - 3:00 p.m.  
Eagle Theater  
244 Main St., Chadron

## SUMMER EVENT

We are still planning our  
summer event for 2024. Stay  
tuned for more information.

At least one person attending must be diagnosed with a special need.  
Come have some fun, meet some new friends and learn more about respite.  
Registration is required for each event. If you are coming from out of town and  
need transportation, contact us and we will coordinate with Open Plains Transit.



### Sponsored by:



Panhandle Partnership | 1517 Broadway, Suite 106, Scottsbluff, NE 69361

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