

July 30, 2024



# PANHANDLE PARTNERSHIP

Rooted in Frontier Spirit, Committed to the Future

Panhandle Partnership  
Website

Training Events  
Calendar

*This email includes curated content originally created by our friends at member and partner organizations, both locally and nationally. If you have an update, event, or news article you would like to see featured in an upcoming Tuesday Update, please email [info@panhandlepartnership.com](mailto:info@panhandlepartnership.com)*

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# 2024 WESTERN NEBRASKA SCHOOL MENTAL HEALTH CONFERENCE

Our Western Nebraska School Mental Health Conference will be August 13, 2024, in Alliance.

The focus of this year's conference is "Tools for the Tiers - Take-away tools which align with MTSS."

**Keynote Title: Balancing Student and Adult Wellness**

**Breakout Sessions Include:**

- COMET Community Training (Changing Our Mental and Emotional Trajectory)
- Family Patterns and Adoption: A presentation for educators
- How to be resilient while focusing on vision and composure.
- The Internet and the Counseling Profession
- More Than Sad for Teachers
- Practical Solutions: 5 Tools for Immediate Application
- Trauma Informed Classroom Practices
- Why aren't students using the skills I'm teaching?
- Youth Tobacco Prevention & Cessation Resources



**KEYNOTE: JUDITH NORMAN, MA, MS, LSC, LPC, RPT-S**

Judith is an educator, trainer, consultant, and clinical supervisor. She is a co-founder and the lead trainer at the Synergetic Education® Institute. She is licensed as both a School and Professional Counselor and has worked at the intersection of education and mental health for over 25 years. Judith trains clinical and school-based mental health professionals and speaks and consults internationally on creating trauma-informed schools. As a District-Wide Social Emotional Learning Coach, Judith led her school district in implementing a "Thriving Schools Grant" aimed at advancing social-emotional wellness and behavioral health in school districts.

Judith created the Developmental Mindsets Paradigm,™ a model for working with educators from a developmental perspective. She created and teaches frameworks such as Learning Tools™ and Braindrops,™ tools for developing interoceptive awareness and self-regulation. She's created programming that supports the implementation of regulatory-focused, social-emotional, trauma-informed practices for students and educators in schools worldwide.

Judith is a Registered Play Therapist Supervisor and is a Certified Synergetic Play Therapy® Supervisor and Teacher. She is a Parent Educator, Certified in EMDR Therapy, and is trained in Mindfulness in Education.

**REGISTRATION COST \$75**  
[PANHANDLEPARTNERSHIP.COM](http://PANHANDLEPARTNERSHIP.COM)

[Register Here](#)

**AUGUST 13, 2024**

PERFORMING ARTS CENTER  
1405 BOX BUTTE AVE.  
ALLIANCE, NE 69301

**CONTINUING EDUCATION HOURS FOR PSYCHOLOGISTS\*AVAILABLE**

\*Continuing education hours for psychologists may be used by other behavioral health professionals.

"The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists.

The NUPPC sponsors this event and maintains responsibility for this program and its content."

This conference is sponsored by the University of Nebraska Public Policy Center



[Register Here](#)

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**REGION 1 BEHAVIORAL HEALTH  
AUTHORITY PRESENTS:  
BEHAVIORAL THREAT  
ASSESSMENT**

**For Law Enforcement & Emergency System Partners  
ESU 13 | 4215 Ave. I Scottsbluff**


The Behavioral Threat Assessment Training educates officers and other emergency mental health partners, such as clinicians, case managers, and peers, on recognizing signs and symptoms of behavioral health crises and implementing safe and effective crisis intervention strategies. Additionally, participants will learn how to conduct a basic threat assessment and develop management strategies. This is free training. Contact Panhandle Partnership for registration information.

**SEPTEMBER 25<sup>TH</sup> 2024 | 8:00 AM-12:30 PM**

- Officer Resiliency
- Understanding Autism
- Substance Use and its effects on mental health

**SEPTEMBER 26<sup>TH</sup> 2024 | 8:00 AM-4:00 PM**

Dr. Mario Scalora (UNL Public Policy Center)

- Practical Behavioral Health Threat Assessment & Management
  - Recognizing the role of Extremism as a Justification for Violence
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Register Here

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## Member Updates

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### University of Nebraska Public Policy Center

Psychological First Aid for Schools (PFA-S) is an evidence informed intervention model to assist students, families, school personnel, and school partners in the immediate aftermath of an emergency. This is a Train-the-Trainer workshop. The purpose of this training is to prepare participants to train others in Psychological First Aid in Schools (PFA-S) within their respective regions, school district, schools, or community. There is an expectation that participants will deliver no less than two (2) trainings next school year. Participants must attend both days of the training. You should also have a familiarity with PFA-S prior to the first day of the training.

The guide can be accessed at [www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide](http://www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide).

There is a cap of 25 registrants per training.

The September 16-17 training will be held at the Harms Center in Scottsbluff. There is no cost to attend the training.

If you have questions or need additional information, please feel free to contact Kurt Montonya; UNL PPP at [kmantonya3@unl.edu](mailto:kmantonya3@unl.edu).



# Psychological First Aid for Schools Training of Trainers

## with Dr. Melissa Brymer

for Nebraska Educators and Disaster Behavioral Health Partners

Psychological First Aid for Schools (PFA-S) is an evidence-informed intervention model to assist students, families, school personnel, and school partners in the immediate aftermath of an emergency. **This is a Train-the-Trainer workshop.** The purpose of this training is to prepare participants to train others in Psychological First Aid in Schools (PFA-S) within their respective regions, school district, schools, or community. There is an expectation that participants will deliver no less than two (2) trainings next school year. **Participants must attend both days of the training.** You should also have a familiarity with PFA-S prior to the first day of the training. The guide can be accessed at [www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide](http://www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide). There is a cap of 25 registrants per training.

### COST

No fee to attend this training

Participants will be contacted by the Nebraska Department of Education to determine if they are eligible for a stipend.

### REGISTER ONLINE

[go.unl.edu/registration\\_pfa-s](http://go.unl.edu/registration_pfa-s)



### QUESTIONS?

Contact Jason Shonerd  
[jason.shonerd@unl.edu](mailto:jason.shonerd@unl.edu)

### DATE/TIME

Mon. Sept. 16 & Tues. Sept. 17  
8:30 a.m. – 3:30 p.m. (Mountain)

### LOCATION

ESU 13 (in person)  
Harms Center, 2620 College Park  
Scottsbluff, NE 69361

### SPONSORS

Sponsored by the Nebraska Department of Education and the University of Nebraska Public Policy Center.

*This training opportunity is funded under grant number H79SM084735 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS. For more information, please visit SAMHSA.gov.*



### MELISSA BRYMER PhD, PsyD

Dr. Melissa Brymer is the Director of Terrorism and Disaster Programs at the UCLA & Duke University National Center for Child Traumatic Stress and an expert on how children deal with stress following disasters such as school shootings. Dr. Brymer studies how best to offer psychological assistance in the aftermath of disasters and is a co-author of the Psychological First Aid for Schools Field Operations Guide.

# Western Community Health Resources

WCHR in Alliance is looking for partners to help us with the Community Essentials Pantry. Several churches have stepped up to provide pantry items, but we have 3 items left to find sponsors for.

Household Cleaner – 30 per month

Kleenex – 18 boxes per month

Laundry Soap – 2 packages of 70 per month

If you are interested in sponsoring or know an organization that is please reach out to [sherri.blome@wchr.net](mailto:sherri.blome@wchr.net)

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## Lifespan Respite

The weekend of August 16, 17, 18 we have partnered with theatres around the Panhandle to offer families caring for someone with a special need a chance to go to the movie for free. We are also paying for a small popcorn and small drink.

In Gordon, Chadron and Sidney the show will be Harold and the Purple Crayon. Here is the trailer for that one. <https://www.youtube.com/watch?v=-itXhXgatsI>

In Kimball they are showing Despicable Me 4. Here is the trailer for that one. <https://www.youtube.com/watch?v=LtNYaH61dXY>

At the Midwest Theatre in Scottsbluff the show is for adults. It is about a divorced stand up comedian who struggles to raise his autistic son Ezra. The trailer for that one is here. <https://www.youtube.com/watch?v=aq1r-QgLoF0>

Golden Reel 6 Theatre in Scottsbluff is also partnering with us but they do not know what movie they will have yet. Please wait to register for that one until we have the movie.

Alliance Theatre has expressed interest but we do not have them confirmed.

I reached out to the Nile Theatre in Mitchell but have not heard back yet.

The family can go or they can have a respite provider take the family members or stay home with the family members. It's up to them.

They must preregister with me ([sherri.blome@wchr.net](mailto:sherri.blome@wchr.net) or 308-432-8190). I mail them tickets to take to the theatre and they will bill me. This will give me a chance to talk to families about respite.

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## Nebraska Department of Health and Human Services

Nebraska Department of Health and Human Services is hiring a Community Support Specialist in the Panhandle. If you know if anyone interested please send them the link below.

[Community Support Specialist](#)

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# Panhandle Research Education & Extension Center



# Common Sense Parenting Classes!

COME JOIN US ONCE A WEEK  
FOR IMPACTFUL PARENTING  
TECHNIQUES!

**PRACTICAL  
TECHNIQUES  
FOR  
AGES 6-16**

INVALUABLE  
KNOWLEDGE TO  
GAIN!

## TOPICS INCLUDE:

- ▶ Parents as teachers
- ▶ Effective praise
- ▶ Preventive teaching
- ▶ Corrective teaching
- ▶ Teaching self-control
- ▶ Putting it all together

Wednesdays 6p-8p  
July 10 - August 14th

Panhandle Research  
Education & Extension  
Center  
4502 Avenue I  
Scottsbluff, NE 69361



**Panhandle**  
Public Health District



# FALL SAFETY AND WELLNESS CONFERENCE

September 19, 2024  
Gering Civic Center



**A 2023 ATTENDEE SAID...**

"All topics were very relevant, interesting, and applicable to all. Awesome variety of speakers and side activities - coloring, wellness check challenge, dogs, and blender bikes are all awesome."

## REGISTER NOW

Learn more by visiting:

<http://www.pphd.ne.gov/pwwc.html>

### TOPICS

- Workplace Safety & Ergonomics
- Conflict Management
- OSHA Updates
- Human Resource (HR) Hot Topics
- Artificial Intelligence (AI) and Cybersecurity



Proudly part of



# SAVE THE DATE

**June 1** - Deaf & Hard of Hearing Awareness Night at the Ballpark with the Western Nebraska Pioneers

**August 6** - National Night Out (NCDHH will have a booth there)

**September 7** - Deaf & Hard of Hearing Awareness Day at the Riverside Discovery Center

Contact the NE Commission for the Deaf and Hard of Hearing  
Susan Whitaker - 308-633-3751 or [susan.whitaker@nebraska.gov](mailto:susan.whitaker@nebraska.gov) for more information



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**Snow-Redfern Foundation**

# SNOW-REDFERN FOUNDATION'S ROOT2RISE

## Young Women's Leadership Program

### A VIRTUAL WORKSHOP SERIES FOR SENIORS



#### *Develop Skills and Make Connections*

A small cohort of seven high school seniors will engage in valuable group discussions with professional women in Trades, Ag and STEM fields



#### *Discover Your Potential, Grow Your Future*

The virtual six-workshop series creates space for young women interested in growing their leadership potential through exposure to important topics affecting women in leadership roles today.



#### *Scholarship Support*

Participants who complete the entire workshop series will be eligible for a \$2,000 scholarship.



#### *Eligibility*

Female-presenting students that live in Nebraska and will be high school seniors in the fall of 2024.

**APPLY NOW**

[www.snowredfern.org/root2rise/](http://www.snowredfern.org/root2rise/)



## DUCKS ON SALE NOW

**BUY DUCKS ONLINE\* @  
WWW.UWWN.ORG/DUCK**

### WHERE TO BUY DUCKS

**Scottsbluff**  
Team Auto Center (2014 E 20th Place)  
Riverstone Bank (2002 Broadway)  
Main Street Market (401 S. Beltline Highway- Customer Service Desk)  
United Way Office (1517 Broadway)  
Regional West Medical Center Gift Shop (4021 Ave B)

**Gering**  
Riverstone Bank (1540 10th Street)

**Alliance**  
ALLO (203 W. 3rd)

**Sidney**  
Beans & Steams Coffee House (610 Glover Rd Suite #10)

**Chadron**  
Apricot Lane at the New Leaf Marketplace (1002 East 3rd)

**OUT ON THE OPEN TRAIL**



**Individual Duck \$10**  
**Quacky Trio \$25**  
(3 ducks & a Quack Sack)  
**Quacky Combo \$60**  
(7 Ducks & a Quack Sack)

1st Place wins  
2024 Chevrolet Trailblazer

2nd Prize  
Honda Pioneer 700 Side-By-Side

Proceeds benefit



Donated in part by



United Way of Western Nebraska

\*ONLINE SALES ARE DEBIT CARD ONLY

## 2024 SCHOOL SUPPLY DRIVE

July 15th - July 31st

DROP OFF LOCATIONS: Scottsbluff & Alliance United Way offices



### Donate NEW school supplies for area kids!



#### SUGGESTED ITEMS

- Earbuds
- Backpacks
- Scientific Calculators
- Scissors
- Crayons, Colored Pencils & Markers
- Glue Sticks
- Personal Water Bottles

MONETARY DONATIONS  
ACCEPTED!

**UWWN.ORG/BUS**



United Way  
of Western Nebraska

1517 Broadway Suite 106 None | Scottsbluff, NE 69361 US

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